



# COMMUNITY RESOURCE GUIDE

Project Safe Schools will have a better understanding of how schools and communities can help return students to in-person learning and what needs they have going forward as they emerge from the pandemic. Re-opening schools safely and understanding the socio-emotional and academic effects of the COVID pandemic on Native American children and adolescents will inform future programming and intervention efforts.



**Community Resources Directory for Project SafeSchools for Healthcare and Mental & Behavioral Services**

Type of Community Resource	Name of Organization(s) / Page Number
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<p><b>COVID-19 Information</b></p> <p><b>Community Testing Resources</b></p>	<p>COVID Hotline 1-800-549-5644</p> <p>Available 24/7. If you cannot get a hold of someone on the COVID hotline, call the E.R.</p> <p>NNMC COVID Car Clinic hours</p> <p>Available Monday-Friday</p> <p>8:30AM-4:00PM</p> <p>NNMC Emergency Room 505-368-6600</p> <p>NNMC Ambulance/EMS 505-368-6175/505-368-6173</p> <p>NNMC Pharmacy 505-368-7263</p> <p>COVID Work Excuse Letters</p> <p>505-549-7447</p> <p>Employee Health 505-368-7098</p>
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Mental Health Resources

Crisis Text Line

Doing What Matters in Times of Stress

Indian Country Child Trauma Center at the  
University of Oklahoma The Indian Country Child  
Trauma Center (ICCTC)

SAMHSA Behavioral Health Treatment Locator

SAMHSA LGBTQ2S Resources

Stress and Anxiety Management for Community  
Health Workers During Coronavirus

Stress and Anxiety Management for Providers  
During COVID-19

StrongHearts Native Helpline

WeRNative

## Community Resources Directory for Project Safe Schools

Dzilth-Na-O-Dith-Hle Health Center		
<b>Location</b>	6 Road 7586 Bloomfield, NM 87413 (505) 960-7801 or Toll-Free 855-687-3942	<b>Website Address</b> <a href="https://www.ihs.gov/navajo/healthcarefacilities/dzilthnaodithhle/">https://www.ihs.gov/navajo/healthcarefacilities/dzilthnaodithhle/</a>
<b>Phone</b>	Health Systems Administrator: Laverne Miles, 505-960-7890	<b>Automated Voice Directory Number:</b> (505) 960-1801
<b>Services Provided</b>	Outpatient, laboratory, radiology, pharmacy, optometry, dental, mental health, social services, and public health nursing.	<b>Options for Financial Assistance</b>
<b>Hours of Operation</b>	Walk-In and Appointments: open Monday to Friday, from 8:00 am to 4:30 pm, closed after hours, holidays and weekends.  After Hours, Weekends or Holidays, contact Northern Navajo Medical Center (NNMC) at Shiprock, NM. NNMC operator: 505-368-6001 (Toll-Free: 800-549-5644).	<b>To Schedule an appointment please call:</b> Dental: (505) 960-7880 Optometry: (505) 960-7836 Outpatient: (505) 960-7801 Pharmacy Refill Line: (505) 960-7863  Case Management Services: (505) 960-7831  Public Health Nursing Services: (505) 960-7840
<b>Process to Obtain Services</b>	Once you know if you can receive care at an IHS facility, contact the facility's patient registration. They will discuss the registration process, any additional documentation you need to establish your medical record, and then schedule a medical appointment.	<b>Ages Served:</b> All Ages

<b>Four Corners Regional Medical Center</b>		
<b>Location</b>	US HWY 160 & Navajo Route 35	<b>Mailing Address</b> (if different) HCR 6100 Box 30 Teec Nos Pos, Arizona 86514
<b>Phone Number</b>	Health Systems Administrator: Ms. Carenda Robinson 505-368-6007	<b>Phone Number</b> 928-656-5000
<b>Services Provided</b>	FCRHC provides ambulatory care services including family medicine, internal medicine, mental health, physical therapy, optometry, dental, social services, pharmacy, x-ray, laboratory, public health nursing, diabetes education, health promotion/disease prevention.	<b>Website Address</b> <a href="https://www.ihs.gov/navajo/healthcarefacilities/fourcorners/">https://www.ihs.gov/navajo/healthcarefacilities/fourcorners/</a>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	<b>To Schedule an appointment please call:</b>  Dental: (505) 960-7880 Optometry: (505) 960-7836 Outpatient: (505) 960-7801 Pharmacy Refill Line: (505) 960-7863  Case Management Services: (505) 960-7831  Public Health Nursing Services: (505) 960-7840
<b>Process to Obtain Services</b>	Once you know if you can receive care at an IHS facility, contact the facility's patient registration. They will discuss the registration process, any additional documentation you need to establish your medical record, and then schedule a medical appointment.	<b>Ages Served:</b> All ages

<b>Northern Navajo Medical Center</b>		
<b>Location</b>	HWY 491 North Shiprock, NM 87420	<b>Mailing Address</b> (if different) P.O. Box 160 Shiprock, NM 87420
<b>Phone Number</b>	505-368-6300	<b>Website Address</b> <a href="https://www.ihs.gov/navajo/healthcarefacilities/shiprock/">https://www.ihs.gov/navajo/healthcarefacilities/shiprock/</a>
<b>Services Provided</b>	Outpatient, laboratory, radiology, pharmacy, optometry, dental, mental health, social services, and public health nursing.	<b>Options for Financial Assistance</b>
<b>Hours of Operation</b>	Outpatient Hours: Monday thru Friday, 8:00 AM - 4:30 PM	<b>Emergency Hours</b> (if any) 24 x7 Emergency Facility
<b>Process to Obtain Services</b>	Once you know if you can receive care at an IHS facility, contact the facility's patient registration. They will discuss the registration process, any additional documentation you need to establish your medical record, and then schedule a medical appointment.	<b>Ages Served:</b> All Ages



<b>Presbyterian Medical Services – Farmington Community Health Center</b>		
<b>Location</b>	1001 West Broadway Avenue Farmington, New Mexico 87401-5638	<b>Website Address</b> <a href="http://www.pmsnm.org/locations/farmington-community-health-center">http://www.pmsnm.org/locations/farmington-community-health-center</a>
<b>Phone Number</b>	505-327-4796	<b>Fax</b> 505-325-9113
<b>Services Provided</b>	Primary Care Monday - Friday 7:00 am - 6:00 pm Saturday Hours 7:00 am - 5:00 pm Dental Monday - Friday 7:00 am - 5:30 pm Behavioral Health Monday - Friday 7:00 am - 5:00 pm Veteran Support Monday - Friday 8:00 am - 5:00 pm Supported Housing 8 am to 5 pm, Monday - Friday	<b>Options for Financial Assistance</b> IHS/638 contract care funds Medicare Medicaid Private health insurance Self-pay Sliding fee scale State financed health insurance plan
<b>Hours of Operation</b>	Walk-In and Appointments: open Monday to Friday, from 7:00 am to 6:00 pm, closed after hours, holidays and weekends.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>	<a href="http://www.pmsnm.org/patient-resources/new-patient-forms">http://www.pmsnm.org/patient-resources/new-patient-forms</a>	<b>Ages Served</b> All Ages

<b>San Juan Regional Medical Center</b>		
<b>Location</b>	801 W. Maple Farmington, N.M. 87401	<b>Website Address</b> <a href="https://www.sanjuanregional.com/">https://www.sanjuanregional.com/</a>
<b>Phone</b>	505-609-2000	
<b>Services Provided</b>	Offer a broad range of medical, surgical, and rehabilitation service—as well as several off-site clinics that provide convenient primary care, specialty care, diagnostic services, and rehabilitation closer to our patients.	<b>Options for Financial Assistance Preferred Referral Care Program with Indian Health Services</b>  Interest-free payment plans up to 12 months.  Payment plans up to 60 months.  Medicaid  Private health insurance  Self-pay discount  Financial Assistance Policy
<b>Hours of Operation</b>	Walk-In and Appointments: open Monday to Friday, from 6:30 am to 6:00 pm, weekends 7:00 am to 6:00 pm.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>	Call for an appointment, receptionist will share information with you. <a href="https://www.sanjuanregional.com/sjhp">https://www.sanjuanregional.com/sjhp</a>	<b>Ages Served:</b> All Ages

<b>AMI Kids Farmington – Residential Treatment Center</b>		
<b>Location</b>	851 Andrea Dr. Suite 4 Building E Farmington, N.M. 87401	<b>Website Address</b> <a href="http://amikids.org/programs-and-services/programs/amikids-sandoval-and-farmington/story/about">http://amikids.org/programs-and-services/programs/amikids-sandoval-and-farmington/story/about</a>
<b>Phone</b>	505-346-0075	
<b>Services Provided</b>	Mental Health and Substance Abuse Treatment Evidence based groups. Individual and family counseling Trauma Informed Care Psychotherapeutic Intervention Education – provide onsite through cooperative agreement with local school districts. Behavior Modification	<b>Options for Financial Assistance Preferred Referral Care Program with Indian Health Services</b>  Dependent on Insurance
<b>Hours of Operation</b>	Monday to Friday, from 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> Statewide
<b>Process to Obtain Services</b>	<b>Referrals may be made to:</b> <a href="mailto:alobato@amikids.org">alobato@amikids.org</a>	<b>Ages Served</b> Males 14-18 years old Capacity: 12

<b>Anglin Family Therapy</b>		
<b>Location</b>	3300 N. Butler, Suite 216 Farmington, N.M. 87402	
<b>Phone</b>	505-608-7398	<b>Website Address</b> <a href="https://www.facebook.com/Kelly-Anglin-Marriage-and-Family-Therapy-435150819865110/">https://www.facebook.com/Kelly-Anglin-Marriage-and-Family-Therapy-435150819865110/</a>
<b>Services Provided</b>	Individual Therapy Couple and Marriage Therapy Family Therapy EMDR Treatment for Trauma	<b>Options for Financial Assistance Preferred Referral Care Program with Indian Health Services</b>  Self-pay is \$ 90.00 per session, most insurances are accepted including Medicaid.
<b>Hours of Operation</b>	Monday to Sunday 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served:</b> Children 10 years old to Senior Citizen

<b>Choices Counseling Service</b>		
<b>Location</b>	313 West Apache Farmington, N.M. 87401	<b>Website Address</b> <a href="http://www.igotchoices.com/">http://www.igotchoices.com/</a>
<b>Phone</b>	505-325-5321	
<b>Services Provided</b>	Individual Counseling Family Counseling Marriage Counseling Children's Counseling Stress Counseling Anger Management ADHD / ADD. Adolescent Issues Grief Counseling Depression Counseling	<b>Options for Financial Assistance</b> Insurance Companies including Medicaid. Presbyterian Medical Plans Volunteer Firefighters County and State Employee Assistance Program (EAP) Medicare is not accepted at this time.
<b>Hours of Operation</b>	Monday to Friday, from 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served:</b> 6 years old and over

<b>Cottonwood Clinical Services, Inc.</b>		
<b>Location</b>	511 E. 20 <sup>th</sup> St. Farmington, N.M. 87401	<b>Website Address</b> <a href="http://www.mycottonwood.us">www.mycottonwood.us</a>
<b>Phone</b>	505-564-3733 / 3788	
<b>Services Provided</b>	Behavioral Health & Addiction services for both adolescents and adults. CBT, EMDR, DBT, Matrix Model, Seeking Safety, and Seven Challenges as evidence-based practices.	<b>Options for Financial Assistance</b> Medicaid Accepts most insurance. Contracted with state and community agencies to assist in payment for some services.
<b>Hours of Operation</b>	Monday to Friday, from 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> 13 and older

<b>Desert View – Family Counseling Services</b>		
<b>Location</b>	6100 E. Main St. Farmington, N.M. 87402	<b>Website Address</b> <a href="mailto:info@mydesertview.org">info@mydesertview.org</a>
<b>Phone</b>	505-326-7878 Crisis Hotline: 505-947-4471	<b>24 Hour Crisis Hotline</b> 1-855-662-7474
<b>Services Provided</b>	Adult Counseling Services Child & Adolescent Counseling Services Substance Abuse Truancy Court & Behavior Modification Intensive Family Support Services Family Reunification Services	<b>Options for Financial Assistance</b> A sliding scale fee Private Insurance Medicaid
<b>Hours of Operation</b>	Monday to Thursday 8:00 to 6:00 Closed on Wednesday 10:30 to 1:30 Closed for lunch 12:30 to 1:30 Friday, Saturday & Sunday – Closed Observes all Federal Holidays.	<b>Area Served</b> Four Corners Area
<b>Process to Obtain Services</b>		<b>Ages Served</b> 5 years old and older

<b>Family Crisis Center</b>		
<b>Location</b>	208 E. Apache Street Farmington, N.M. 87401	<b>Website Address</b> <a href="http://familycrisiscenternm.org">http://familycrisiscenternm.org</a>
<b>Phone</b>	505-325-3549	<b>24 Hour Hotline</b> 505-564-9192 888-440-9192
<b>Services Provided</b>	Marge's Place Protective Shelter Free counseling for Victims and Children Anger Management Groups Women's Support Groups Women's Circle of Security Parenting Class Community Outreach & Education SMART911- Safety Profile	<b>Options for Financial Assistance</b> Varies depending on the program component
<b>Hours of Operation</b>	Monday to Thursday 8:00 a.m. to 9:00 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>	<a href="mailto:fcc@familycrisiscenternm.org">fcc@familycrisiscenternm.org</a>	<b>Ages Served</b> All ages

<b>Four Winds Recovery Center</b>		
<b>Location</b>	1313 Mission Ave. Farmington, N.M. 87401	<b>Mailing Address</b> (if different) P.O. Box 1830 Farmington, N.M. 87499
<b>Phone</b>	505-327-7218	<b>Fax</b> 505-327-0828
<b>Services Provided</b>	Intensive Outpatient Treatment: Individualized treatment planning Substance abuse education Group Therapy Relapse Prevention Introduction to and participation in community based 12-step meetings. Family counseling Out-patient/Aftercare services	<b>Options for Financial Assistance</b> Fees are on a sliding scale that is determined by the client's income and household size. Cash or money order paid in advance in the amount of \$ 100.00 for an assessment.
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> San Juan County, neighboring Navajo Nation, and other communities within N.M.
<b>Process to Obtain Services</b>		<b>Ages Served</b> Must be 18 years of age or older



<b>Jasper &amp; Associates</b>		
<b>Location</b>	2901 E. 20 <sup>th</sup> St. Suite 104 Farmington, N.M. 87402	<b>Mailing Address</b> (if different)
<b>Phone</b>	505-326-0241	<b>Office Cell</b> 773-326-7923 (for appointment reminders)
<b>Services Provided</b>	Psychotherapy Brain-spotting, EMDR and other therapeutic techniques Individual, Family and Adolescent Therapy	<b>Options for Financial Assistance</b> Private Pay Most insurances Medicaid Reduced rates for Medicare clients. Employee Assistance Programs
<b>Hours of Operation</b>	Monday -Friday 10:00 – 5:00 Saturday/Sunday – Appt. only	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> 5 years old and up.

<b>Mental Wellness Resource Center</b>		
<b>Location</b>	814 W. Maple Farmington, N.M. 87401	<b>Website Address</b> <a href="http://www.sjcounty.net/MWRC">www.sjcounty.net/MWRC</a>
<b>Phone</b>	505-636-7110	
<b>Services Provided</b>	A Resource Hub for mental health, behavioral health, substance abuse along with other additional services depending on your needs.	<b>Options for Financial Assistance</b> Free
<b>Hours of Operation</b>	Monday -Friday 9:00 a.m. to 5:00 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> All ages

<b>ina Counseling Services – Northern Navajo Medical Center</b>		
<b>Location</b>	HWY 491 North Lower floor of the West Wing	<b>Mailing Address</b> (if different) P.O. Box 160 Shiprock, N.M. 87420
<b>Phone</b>	505-368-7301/7302 Operator (24/7) 1-800-549-5644 Emergency 505-368-6600	<b>Fax</b> 505-368-7319
<b>Services Provided</b>	Pharmacotherapy Inpatient Psychiatric Hospitalization Consult Liaison Psychiatric/Psychological Evaluation Day Treat Program (DTP)	<b>Group Therapy</b> Anger Management Depression Support Group Grief and Loss Group Therapy Dialectical Behavior Therapy Skills Group
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m. (Except Wednesday afternoons we are close at 12 pm & closed on weekends. All after hours emergencies will be seen at the Emergency Dept.	<b>Area Served</b> Navajo Nation
<b>Process to Obtain Services</b>	Referrals are made by presenting to or calling-in during triage/walk in hours through your medical provider.	<b>Ages Served</b> All Ages

<b>Navajo Regional Behavioral Health Center – Adolescent Residential Treatment</b>		
<b>Location</b>	North 491 Highway Pinon Cottonwood Drive	<b>Mailing Address</b> (if different) P.O. Box 1830 Shiprock, N.M. 87420
<b>Phone</b>	Central Intake 505-368-1429 Case Management Specialist 505-368-1484/1485/1575	<b>Fax</b> 505-368-1437
<b>Services Provided</b>	Substance Use Disorders Mental Health Problems Substance Use Education Life Skills Development Experiential Therapies	<b>Documents Required at Intake</b> COVID-19 Vaccination Card Photo Identification Social Security Card CIB (Certificate of Indian Blood) Referral Documents Completed Physical Exam within the last 6 months. Medicaid/Medicare/Insurance Information (if any)
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> All regional areas must have a Certificate of Indian Blood to be eligible.
<b>Process to Obtain Services</b>		<b>Ages Served</b> 13 to 17 years at time of admission, must be accompanied by a parent or legal guardian during the intake process.

<b>Navajo Regional Behavioral Health Center – Intake &amp; Adult Supportive Healing Program</b>		
<b>Location</b>	North 491 Highway Pinon Cottonwood Drive	<b>Mailing Address</b> (if different) P.O. Box 1830 Shiprock, N.M. 87420
<b>Phone</b>	Central Intake 505-368-1429 Case Management Specialist 505-368-1484/1485/1575	<b>Fax</b> 505-368-1437
<b>Services Provided</b>	Intake Adults & Adolescent Outpatient Center Youth Residential Healing/Treatment Center Adults Residential Healing/Treatment Center	<b>Documents Required at Intake</b> COVID-19 Vaccination Card Photo Identification Social Security Card CIB (Certificate of Indian Blood) Referral Documents Completed Physical Exam within the last 6 months. Medicaid/Medicare/Insurance Information (if any)
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> All regional areas must have a Certificate of Indian Blood to be eligible.
<b>Process to Obtain Services</b>		<b>Ages Served</b> Must be 18 years and older

<b>Navajo Treatment Center for Children and their Families</b>		
<b>Location</b>	Building 24, BIA Road 531 SW of Wells Fargo Bank	<b>Mailing Address</b> (if different) P.O. Box 4001 Shiprock, N.M. 87420
<b>Phone</b>	505-368-1191 505-368-1193 505-368-1169	<b>Fax</b>
<b>Services Provided</b>	NTCCF serves primary victims (children) and secondary victims (parents and siblings), and/or the non-offending parent/siblings.  One on One Intervention and/or Referrals  Dine Traditional/Western Perspective  Meth/Suicide Prevention	<b>Services Provided Continue</b> Making the Right Choice Bullying Prevention Good Touch / Bad Touch Domestic Violence Parenting Substance Abuse Many more...
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> Navajo Nation
<b>Process to Obtain Services</b>		<b>Ages Served</b> 4 to 17 years old

<b>Red Eagle Challenge Ropes Course</b>		
<b>Location</b>	N. Hwy 491 Shiprock, N.M. 87420	<b>Mailing Address</b> (if different) P.O. Box 160 Shiprock, N.M. 87420
<b>Phone</b>	505-368-6300	<b>Fax</b> 505-368-6324
<b>Services Provided</b>	The purpose of the Red Eagle Challenge is to facilitate participants to empower themselves to develop skills in decision making, trust, support, communication, teamwork, leadership and in recognizing emotions, behaviors, and rebuilding self-confidence (self-esteem).	<b>Services Provided Continue</b> Experiential outdoor education and adventure-based counseling services which include team building, leadership, and prevention with the use of ropes courses, river rafting, mountain biking, rappelling, and climbing, wilderness hiking.
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	<b>Area Served</b> Regional
<b>Process to Obtain Services</b>	Contact Person: Orlando J. Pioche 505-368-6318	<b>Ages Served</b> 3 <sup>rd</sup> grade (8 or 9 years old) and up.

<b>Second Chance Counseling, LLC</b>		
<b>Location</b>	211 N. Auburn Farmington, N.M. 87401	<b>Email Address</b> <a href="mailto:2ndchancecounselingservice@gmail.com">2ndchancecounselingservice@gmail.com</a>
<b>Phone/Text</b>	505-427-1621	<b>Fax</b> 505-368-6324
<b>Services Provided</b>	Co-Parenting Intake Substance Abuse Outpatient Therapy Mental Health Counseling Substance Abuse Evaluation Sexual Abuse Prevention Education Mental Health Evaluation	<b>Services Provided Continue</b>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>	Alisha Hawthorne, LCSW 505-427-1621	<b>Ages Served</b> Youth

<b>Teen Life Center – School Based Health Clinic</b>		
<b>Location</b>	N. Hwy 491 Shiprock, N.M. 87420	<b>Mailing Address</b> (if different) P.O. Box 160 Shiprock, N.M. 87420
<b>Phone</b>	505-368-7450	<b>Fax</b> 505-368-6324
<b>Services Provided</b>	Teen Life Center is a school-based health clinic with counseling and medical services available for youth. The Center provides health care for illness or injury, sports medicine, physical exams, nutritional counseling, diabetes screening, immunizations, family planning and education, screening and treatment for sexually transmitted diseases, prenatal care, and annual women's health exams.	<b>Services Provided Continue</b> Counseling services include individual and family assessment and counseling for substance abuse, family communication, depression, sexual abuse, domestic violence, relationship issues, school problems, grief, etc.
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	<b>Area Served</b> Local Schools in Farmington, Shiprock and Newcomb area.
<b>Process to Obtain Services</b>		<b>Ages Served</b> 10-19 years old



<b>Totah Behavioral Health Authority</b>		
<b>Location</b>	1615 Ojo Court Farmington, N.M. 87499	<b>Mailing Address</b> (if different) P.O. Box 5190 Farmington, N.M. 87499
<b>Phone</b>	505-564-4804	<b>Fax</b> 505-564-4857
<b>Services Provided</b>	Totah Behavioral Health Authority (TBHA) offers comprehensive community support services, individual counseling, group counseling, faith-based groups, assessment and referrals to residential treatment and other community services for persons experiencing problems with alcohol and other drugs. A vital part of our service includes Traditional Native American healing practices based on the teachings of the elders. Services are available in English, Navajo and Spanish	<b>Services Provided Continue</b> All the TBHA services are based on sensitivity to the cultural and ethnic needs of our relatives. Using traditional counseling, facilitated case management and contemporary best practice behavioral therapies, TBHA brings relatives into a caring and supportive environment.
<b>Hours of Operation</b>	Monday to Friday 7:00 a.m. to 5:00 p.m. Saturday 8:00 a.m. to 4:00 p.m.	<b>Area Served</b> Navajo Nation, San Juan County, City of Farmington
<b>Process to Obtain Services</b>		<b>Ages Served</b> 18 and over

**Community Resources Directory for Project SafeSchools for Housing / Homeless Shelters**

<b>Four Corners Home for Children, Inc.</b>		
<b>Location</b>	2103 West Main Street Farmington, N.M. 87401	<b>Mailing Address</b> (if different) P.O. Box 1230 Farmington, N.M. 87499
<b>Phone</b>	505-325-0255	<b>Fax</b> 505-325-9035
<b>Services Provided</b>	Childcare Program: Providing hope and restoration to children in out-of-home placement. Certified counselors provide added encouragement to those suffering from physical and emotional abuse.	
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> Four Corners Home for Children
<b>Process to Obtain Services</b>		<b>Ages Served</b> All ages

<b>Navajo United Methodist Center</b>		
<b>Location</b>	1200 W. Apache Bldg. #16 Farmington, N.M. 87401	<b>Mailing Address</b> (if different) P.O. Box 1230 Farmington, N.M. 87499
<b>Phone</b>	505-325-7578	<b>Fax</b> 505-327-8693
<b>Services Provided</b>	We offer up to a year (on a case-by-case basis) of on campus housing to those who desire to become financially independent through full time employment, learn healthy coping skills while addressing the trauma of violence and work on obtaining the necessary skills to break the cycle of violence.	Our support system has: Safe housing with secure grounds Support services—life and employment skills building, financial planning and legal advocacy. Referrals for trauma, mental health, and children’s counseling Safety and independence planning A focus on Native American culture Peaceful grounds, organic garden, and a chapel
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> San Juan County, Four Corners and Navajo Nation
<b>Process to Obtain Services</b>	<a href="mailto:info@navajoumc.org">info@navajoumc.org</a>	<b>Ages Served</b> Adults and children

<b>PATH – People Assisting the Homeless, Inc.</b>		
<b>Location</b>	522 Hydro Plant Rd. Farmington, N.M. 87401	<b>Mailing Address</b> (if different)
<b>Phone</b>	Shelter 505-327-3104	<b>Fax</b> 505-258-4875
<b>Services Provided</b>	<p>People Assisting the Homeless, Inc. (PATH) is a non-profit organization that has been in existence since 1983 that provides services to the homeless and disadvantaged individuals of San Juan County.</p> <p>Emergency Shelter: The emergency shelter has 60 beds. PATH is a program that provides housing to men, women, and families of San Juan County who are homeless due to hard times, or those wanting to turn their lives around.</p>	<p><b>Services Provided Continue</b></p> <p>It is an alcohol and drug free environment. In addition to providing the basics, the Emergency Shelter program offers numerous mini programs including:            Transitional Housing            On-site Case Management            Resource Room            TLC – sublimity service for daycare for toddlers while parents are job searching.</p>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> 18+ and minors accompanied by adults.

<b>San Juan Catholic Charities</b>		
<b>Location</b>	119 West Broadway Farmington, N.M. 87401	<b>Mailing Address</b> (if different)
<b>Phone</b>	505-325-3734	<b>Fax</b> 505-325-1728
<b>Services Provided</b>	Transitional Housing: We have four units for transitional homes for families with children from ages 0 to 16 years old. Homeless applicants need one dependent child to qualify for assistance. The transitional homes have one or two bedrooms. You may stay up to two years with the program. Applicants pay a monthly program fee based on the family income. At the end of the second-year applicants will receive 25% back to pay for permanent housing or apartment initial fees. Please contact us for more information.	<b>Services Provided Continue</b> Basic Needs: We assist with basic needs, in coordination with Helpline of Farmington at (505) 326- 4357. We appreciate donations from local churches and others which help support this.  Food Pantry: (Closed Mondays) Food pantry is available for those in need. Individuals may obtain food from the food pantry every 2 months.
<b>Hours of Operation</b>	Tuesday to Friday 10:30 a.m. to 12:30 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> All Ages

<b>San Juan County Partnership, Inc. – Housing Assistance for the Homeless</b>		
<b>Location</b>	1515 E. 20 <sup>th</sup> St. Ste. C Farmington, N.M. 87401	<b>Mailing Address</b> (if different)
<b>Phone</b>	Program Manager 505-566-5869 Client Coordinator 505-325-4214 Housing Resource Coordinator 505-325-1178	<b>Fax</b>
<b>Services Provided</b>	<p>Supportive services: Services are provided for the homeless population within San Juan County. This includes performing outreach services to identify, coordinate, and refer homeless persons and families to the appropriate service providers, while addressing their housing needs</p> <p>Rental Assistance: Services are based on one-time financial assistance for those who qualify. If clients meet the program guidelines, they may receive security deposit, first month's rent, rental assistance and/or utility deposits.</p>	<b>Service Provided Continued</b> Homeless Prevention: Clients may qualify for eviction prevention services and/or referral services to local agencies that assist the homeless, to include federal and state agencies.
<b>Hours of Operation</b>	Monday Intake by Appointment	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>	A person must be homeless or at imminent risk of homelessness.	<b>Ages Served</b> All Ages

**San Juan County: Youth Homelessness Demonstration Program**

<b>Location</b>	Undisclosed	<b>Mailing Address</b> (if different)
<b>Phone</b>	Youth Housing Navigator 505-324-5805	Juvenile Services Director 505-324-5807
<b>Services Provided</b>	The purpose of the program is to prevent and end youth homelessness in our region through a system-level response that includes the following components of care: access, assessments, prioritization and placement or referral. Our program will use a common risk assessment and prioritization tool for youth experiencing homelessness. Service providers will participate in regular case coordination with each young person to ensure continuum of care and encourage young people to be placed in programs with openings based on adequate support based on individual's needs.	<b>Services Provided Continue</b> Special populations of focus for the YHDP include the following: Pregnant and Parenting Youth Unaccompanied Youth LGBTQIA Youth Native American Youth Immigrant Youth Youth Survivors of Domestic Violence or Human Trafficking Youth Exiting or Involved with the Foster Care or Juvenile Justice
<b>Hours of Operation</b>	Tuesday to Friday 10:30 a.m. to 12:30 p.m.	<b>Area Served</b> San Juan County
<b>Process to Obtain Services</b>		<b>Ages Served</b> Any young person 18-24 currently staying in a shelter, camping, or living in a place that does not meet the standard of regular housing (living in a car, condemned house, home with no heat or experiencing homelessness). This includes transitional living, jail, treatment facility, hotels, domestic violence shelters, or those unable to sustain housing).

**Community Resources Directory for Project SafeSchools for Food Pantries**

<b>Bethel Christian Reformed Church</b>		
<b>Location</b>	Junction of Hwy 491 & 64	<b>Address</b> P.O. Box 10 Shiprock, N.M. 87420
<b>Phone</b>	505-368-4475 or 505-354-2958	
<b>Services Provided</b>	Food Pantry Donations welcomed	<b>Options for Financial Assistance</b>
<b>Hours of Operation</b>	Monday to Thursday 8:30 a.m. to 4:30 p.m.	
<b>Process to Obtain Services</b>	<a href="mailto:johngreydanus99@hotmail.com">johngreydanus99@hotmail.com</a>	<b>Ages Served:</b> All Ages

<b>Food Distribution Program – Navajo Nation</b>		
<b>Location</b>	4080 Highway 64 Kirtland, N.M. 87417	<b>Address</b> P.O. Box 1917 Kirtland, N.M. 87417
<b>Phone</b>	505-598-9736 505-598-1027	<b>Fax</b> 505-686-3220
<b>Services Provided</b>	Food Distribution Program is designed to promote nutritional awareness for a healthy lifestyle to eligible Navajo families and other Indian Tribe residing on or near the Navajo Reservation.	<b>Documentation needed.</b> Fill out application. Proof of residency ex. Utility bill, rental agreement Income qualification (proof of income – check stubs) Certificate of Indian Blood Social Security Card
<b>Hours of Operation</b>	Monday to Friday 8:30 a.m. to 3:00 p.m. <b>Lunch 12:00 p.m. to 1:00 p.m.</b> <b>(CLOSED)</b>	
<b>Process to Obtain Services</b>		<b>Ages Served:</b> All ages



<b>Human Services Department</b>		
<b>Location</b>	101 W. Animas Farmington, N.M. 87401-6408	<b>Address</b> 101 W. Animas Farmington, N.M. 87401-6408
<b>Phone</b>	1-800-283-4465	<b>Fax</b> 1-855-804-8960
<b>Services Provided</b>	The mission of the Income Support Division (ISD) is to relieve, minimize or eliminate poverty and to make available certain services for eligible low-income individuals and families through statewide programs of financial assistance, food assistance, employment assistance, and training services.	<b>To Apply for benefits:</b> <a href="http://www.yes.state.nm.us/">http://www.yes.state.nm.us/</a>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	
<b>Cost of Services</b>	Free for qualifying applicants who are low income.	<b>Ages Served:</b> New Mexico residents

<b>Navajo Nation Department of Workforce Development</b>		
<b>Location / Website</b>	HWY 61 on the left side of the HWY, across from Navajo Tribal Utility Authority (NTUA) <a href="http://www.ndwd.org/">http://www.ndwd.org/</a>	<b>Address</b> P.O. Box 1870 Shiprock, N.M. 87420
<b>Phone</b>	(505) 368-1094	<b>Fax</b> (505) 368-1115
<b>Services Provided</b>	Short term employment called Work Experience Classroom training/vocational training/GED Lodging/Rent Assistance Books/Supplies Assistance Meal Expenses Relocation of lay off assistance	Required Documents: *Social Security Card (applicant only) *Family Card or Certificate of Indian Blood for all FAMILY MEMBERS *Family Income (gross income received by each family member during the last 6 months) Payroll check stubs from any previous employer Letter of Income Verification from General Assistance AFDC/Food Stamps (Computer Print-out) Unemployment Insurance (Computer Print-out) SSI Benefits VA Benefits Social Security Benefits Self-Employment (Receipts and statements from buyer)
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	
<b>Cost of Services</b>	Free	<b>Ages Served:</b> Must be 14 years of age or older

<b>Navajo Nation WIC Nutrition Program</b>		
<b>Location</b>	Building # 3001 on Pinion St. Crossroad: Cottonwood and Pinion St.	<b>Address</b> P.O. Box 129 Shiprock, N.M. 87420
<b>Phone</b>	(505) 368-1135 1-800-307-4231	<b>Fax</b> (505) 368-1077
<b>Services Provided</b>	<p>WIC is a nutrition education program. WIC provides supplemental foods which promote good health for pregnant, breastfeeding, and postpartum women, infants and children up to age five. WIC also provides referrals to other health and social service agencies.</p> <ul style="list-style-type: none"> <li>* Nutrition education</li> <li>* Breastfeeding education and support</li> <li>* Nutritious supplemental foods</li> <li>* Good nutrition, starting with pregnancy, will provide the best possible start for babies and children to grow up strong and healthy.</li> </ul>	
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 4:30 p.m.	<b>Area Served:</b> Navajo Nation, Open to all ethnic populations.
<b>Cost of Services</b>	Income guideline eligibility	<b>Ages Served:</b> Pregnant women, Women who have a six-month-old infant and children up to five years old.

<b>San Juan Catholic Charities</b>		
<b>Location</b>	119 West Broadway Farmington, N.M. 87401	<b>Address</b>
<b>Phone</b>	(505) 325-3734	<b>Fax</b> (505) 325-1728
<b>Services Provided</b>	Immigration Advocacy & Refugee Services Transitional Housing Drop-In Center Food Pantry Basic Needs	
<b>Hours of Operation</b>	Tuesday to Friday 10:30 a.m. to 12:30 p.m.	<b>Area Served:</b> San Juan County
<b>Cost of Services</b>	Free	<b>Ages Served:</b> We welcome anyone, regardless of race, color, origin, or religion. We welcome volunteers to join us in our mission

<b>The Healing Circle Drop-In Center</b>		
<b>Location</b>		<b>Address</b> P.O. Box 3850 Shiprock, N.M. 87420
<b>Phone</b>	(505) 215-0814 (505) 368-4587	<b>Email:</b> <a href="mailto:hcdropincenter@gmail.com">hcdropincenter@gmail.com</a>
<b>Services Provided</b>	Provides peer support counseling including Life Skills Classes; Sisters in Circle Women's Group; Youth and Adult Support Groups; Recovery Support Groups; Natives in Sobriety classes; Traditional Cultural teachings; Fatherhood Motherhood classes; Other peer support services. They also host Alcoholics Anonymous Meetings.	<b>Website:</b> <a href="http://www.facebook.com/1HealingCircleDropInCenter">http://www.facebook.com/1HealingCircleDropInCenter</a>
<b>Hours of Operation</b>	Monday to Friday 10:30 a.m. to 4:30 p.m.	<b>Area Served:</b> San Juan County
<b>Cost of Services</b>	Free	<b>Ages Served:</b> Children and Youth, Disabled, Elderly, Families, Gay, Lesbian, Bisexual, Transgender, Homeless, Immigrants, Low Income, Men and Boys, Native American, Rural, Urban, Veterans, Women and Girls

**Community Resources Directory for Project SafeSchools for Social services—  
organizations that address human services, welfare, protective services, etc.**

<b>Birthright Crisis Pregnancy Center</b>		
<b>Location</b>	609 N. Butler Farmington, N.M. 87401	<b>Address</b> Same as the location
<b>Phone</b>	(505) 327-9000 Afterhours: 1-800-550-4900	<b>Email:</b>
<b>Services Provided</b>	Crisis pregnancy counseling Free Pregnancy tests Baby clothing-including diapers Referrals to medical assistance Formula	<b>Website:</b>
<b>Hours of Operation</b>	Monday 10:00 a.m. to 2:00 p.m. Tuesday, Wednesday, Thursday 10:00 a.m. to 1:00 p.m.	<b>Area Served:</b> Four Corners Area
<b>Cost of Services</b>	No charge for service	<b>Ages Served:</b> 12 to 45 / years women only

<b>Bloomfield Public Health Department</b>		
<b>Location</b>	903 W. Broadway Bloomfield, N.M. 87413	<b>Address</b> Same as the location
<b>Phone</b>	(505) 634-0229	<b>Fax:</b> (505) 634-0849
<b>Services Provided</b>	Special Supplemental Nutrition Program for Women, Infants, & Children (WIC) serves to safeguard the health of low-income pregnant, postpartum, and nursing (breastfeeding) women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including nursing (breastfeeding) promotion and support, and referrals to health care. Direct Line: (505) 634-0324	<b>Website:</b>
<b>Hours of Operation</b>	Monday 10:00 a.m. to 2:00 p.m. Tuesday, Wednesday, Thursday 10:00 a.m. to 1:00 p.m.	<b>Area Served:</b> Bloomfield, Aztec, Blanco and Navajo Dam
<b>Cost of Services</b>	All service is on a sliding fee scale according to family income and size based on guidelines.	<b>Ages Served:</b> Infants, Toddlers, Teens and Adults

<b>Childhaven Inc.</b>		
<b>Location</b>	807 W. Apache Farmington, N.M. 87401	<b>Address</b> Same as the location
<b>Phone</b>	(505) 325-5358	<b>Fax:</b> (505) 327-1482
<b>Services Provided</b>	Emergency Crisis Shelter/Crisis Nursery Parent Education Foster Care Children's Advocacy Center CASA Program Therapy and Behavioral Respite Care	<b>Website:</b>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m. 24/7 Support	<b>Area Served:</b> San Juan County, Navajo Nation, McKinley County and greater Four Corners
<b>Cost of Services</b>	No cost or low cost	<b>Ages Served:</b> Newborn to 17 years old



<b>Child Support Enforcement Division</b>		
<b>Location</b>	1800 E. 30 <sup>th</sup> Street Farmington, N.M. 87401	<b>Address</b> Same as the location
<b>Phone</b>	Farmington office: (505) 327-6074 In State: 1-800-288-7207 Out of State: 1-800-585-7631 NM KIDS Line: 1-800-759-5437	<b>Fax:</b> (505) 326-4868
<b>Services Provided</b>	<p>The purpose of the Child Support Enforcement Division is to establish and enforce the support obligations owed by parents for their children, thereby reducing the number of families reliant on public assistance.</p> <p>The New Mexico Child Support Enforcement Division (CSED) can assist with collecting child support on behalf of New Mexico's children. CSED can help establish paternity, child support obligations, collect child support and enforce child support court orders. Certain tools can be used to ensure compliance with child support orders such as wage withholding, income tax refund intercepts, driver and professional license suspension, game and fish license suspension, and passport denials.</p>	<p><b>Website:</b></p> <p>Customers are encouraged to please contact the Consolidated Customer Service Center at 1-800-283-4465 and ask to talk with their caseworker or email <a href="mailto:Child.Support@state.nm.us">Child.Support@state.nm.us</a> or your local office at <a href="mailto:farmington.childsup@state.nm.us">farmington.childsup@state.nm.us</a></p>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m. 24/7 Support	<b>Area Served:</b> San Juan County, McKinley County and State of New Mexico
<b>Cost of Services</b>	Some services have a fee, please discuss with your caseworker.	<b>Ages Served:</b> Birth to 18 years old

<b>Children, Youth &amp; Families Department – Protective Services</b>		
<b>Location</b>	2800 Farmington Ave. Farmington, N.M. 87401	<b>Address</b> Same as the location
<b>Phone</b>	(505) 327-5316	<b>Fax:</b> (505) 599-9680
<b>Services Provided</b>	<p>Receive and investigate reports of child/adult abuse, neglect, or exploitation. This department is mandated by State statute to investigate such reports. Children are assessed for safety. Referrals to appropriate services are made. Legal intervention may be necessary to ensure safety. Services are provided to these families to help ameliorate the problems that led to the legal intervention.</p> <p>In-Home Services are provided to some families who have been determined to be at high risk after an investigation has been conducted.</p> <p>Home studies are conducted for families who are interested in becoming foster parents or adoptive parents. Children available for placement have been through the Protective Services System.</p>	<p><b>Hotline Number:</b> Reporting Child Abuse: Reporting Adult Abuse: (855) 333-7233 or #SAFE from cell phone</p> <p>Reporting Adult Abuse: (866) 654-3219</p>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> San Juan County (does not include the Navajo Nation)
<b>Cost of Services</b>	None.	<b>Ages Served:</b> Newborn to 21 years old / Service only children

<b>Grace Place Pregnancy and Health Center</b>		
<b>Location</b>	4801 N. Butler Ave. Suite 3102 Farmington, N.M. 87401	<b>Address</b> Same as the location
<b>Phone</b>	(505) 327-4747	<b>Fax:</b> (505) 327-2025
<b>Services Provided</b>	Pregnancy testing, pregnancy options counseling, limited ultrasound, STD/STI education, sexual integrity education, adoption information and referral, abortion education, parenting classes from pregnancy to 2 years of age for both moms and dads, material services - (diapers, wipes, food, clothing, and more) and post abortive support.	<b>Hotline Number:</b> (505) 609-4966
<b>Hours of Operation</b>	Monday to Thursday 11:00 a.m. to 5:00 p.m.	<b>Area Served:</b> Four Corners Area
<b>Cost of Services</b>	All services are confidential and free of charge to the client.	<b>Ages Served:</b> Women and Men (no specific age requirement)

<b>Navajo Nation Division of Social Services</b>		
<b>Location</b>	Natanni Nez BIA Building Northern Agency	<b>Address</b> P.O. Box 3289 Shiprock, N.M. 87420
<b>Phone</b>	(505) 368-1572 / 1185	<b>Fax:</b> (505) 368-1177
<b>Services Provided</b>	Department for Self-Reliance – Navajo School Clothing Program Department of Family Service – Adoption Unit and Family Harmony Program Department of Child Care and Development Navajo Indian Child Welfare Act (ICWA) Program Navajo Treatment Center for Children and Their Families Program	
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> Shiprock Agency
<b>Cost of Services</b>	All services are confidential and free of charge to the client.	<b>Ages Served:</b> Everyone

<b>Northern Tree House</b>		
<b>Location</b>	Not disclosed.	<b>Address</b>
<b>Phone</b>	(505) 368-1157 Crisis Hotline	<b>Fax:</b>
<b>Services Provided</b>		
<b>Hours of Operation</b>	24/7	<b>Area Served:</b> Shiprock Agency
<b>Cost of Services</b>	All services are confidential and free of charge to the client.	<b>Ages Served:</b> Everyone

<b>San Juan Center for Independence</b>		
<b>Location</b>	1204 San Juan Blvd. Farmington, N.M. 87401	<b>Address</b> Same as location
<b>Phone</b>	(505) 566-5827 1-800-484-4500	<b>Fax:</b> (505) 566-5842
<b>Services Provided</b>	Independent Living Skills Advocacy Peer Support Personal Care Services Nursing Facility Transition/Community Reintegration Youth Transition Information and Referral NM Seed Loan Program	
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> Northwest New Mexico, San Juan and McKinley Counties
<b>Cost of Services</b>	All services are confidential and free of charge to the client. Dependent on service requested.	<b>Ages Served:</b> Everyone

<b>San Juan County Public Health Office</b>		
<b>Location</b>	355 S. Miller Farmington, N.M. 87401	<b>Address</b> Same as location
<b>Phone</b>	(505) 327-4461	<b>Fax:</b> (505) 326-1762
<b>Services Provided</b>	<p>Immunization Clinic: Infants, Children, Teens, and uninsured/underinsured adults. Call for information and appointments.</p> <p>Family Planning Services: Confidential services for Teens &amp; Adults. Based on a sliding fee scale offering annual exams, pap smears, birth control methods, counseling, pregnancy tests, and emergency contraception. Call for an appointment.</p> <p>STD Services: Confidential screening, counseling, treatment, and referral for Teens and Adults. Call for an appointment.</p> <p>Flu Shots: Children, Teens, and uninsured/underinsured adults, as defined yearly. Call for appointment after October 1st</p> <p>Vital Records: New Mexico birth certificates issued Monday -Friday from 8:30 a.m.-11:30 a.m. and 1:00 p.m. -3:00 p.m. Please call ahead: Vital Records Services are temporarily suspended.</p>	<p>Families First: Medicaid-eligible pregnant women and children ages 3 and under. Assists with obtaining medical, social, and educational services and resources call (505) 327-4461 for an appointment.</p> <p>Syringe Exchange Services: New syringes and supplies offered. Narcan Services. Monday – Friday 1:00 p.m. -4:00 p.m.</p> <p>WIC: Women, Infants, Children Nutritional Program. Providing supplemental food, nutritional education and breastfeeding information for infants and children to age 5, pregnant and breastfeeding women. Call (505) 327-6263</p>
<b>Hours of Operation</b>	Monday to Friday 8:00 a.m. to 5:00 p.m.	<b>Area Served:</b> San Juan County
<b>Cost of Services</b>	Family Planning services are on a sliding fee scale, based on income and household size. Services are provided regardless of ability to pay Clients are requested to provide their private insurance or Medicaid card at time of appointment. Birth certificates are \$10.00 per certificate, cash, or money order only.	<b>Ages Served:</b> All Ages

## **Community Resources Directory for Project SafeSchools for Social services – Additional Resources**

### **Mental Health Resources**

**Crisis Text Line** (Text “NATIVE” or “INDIGENOUS” to 741741)

Texting this number will connect you with a crisis counselor.

**Doing What Matters in Times of Stress:** An illustrated guide to stress management and coping with adversity from the World Health Organization.

<https://www.who.int/publications/i/item/9789240003927>

**Indian Country Child Trauma Center at the University of Oklahoma The Indian Country Child Trauma Center (ICCTC)** offers trauma-related treatment protocols, outreach materials, and service delivery guidelines specifically designed for American Indian and Alaska Native (AI/AN) children and their families. <http://www.icctc.org/>

### **National Suicide Prevention Lifeline**

(1-800-273-8255)

Confidential, free support for people in distress and prevention and crisis resources, available 24/7.

### **SAMHSA Behavioral Health Treatment Locator**

A secure, anonymous list that helps locate mental health treatment centers and resources near you. <https://findtreatment.samhsa.gov>

### **SAMHSA LGBTQ2S Resources**

A list of resources to support two-spirit youth and adults. <https://www.samhsa.gov/sites/default/files/nclgbtq2s-resources.pdf>

## **Stress and Anxiety Management for Community Health Workers During Coronavirus**

[https://caih.jhu.edu/assets/documents/Stress and Anxiety Management for Providers During COVID-19.pdf](https://caih.jhu.edu/assets/documents/Stress_and_Anxiety_Management_for_Providers_During_COVID-19.pdf)

## **Stress and Anxiety Management for Providers During COVID-19**

[https://caih.jhu.edu/assets/documents/Stress and Anxiety Management for Providers During COVID-19.pdf](https://caih.jhu.edu/assets/documents/Stress_and_Anxiety_Management_for_Providers_During_COVID-19.pdf)

## **StrongHearts Native Helpline**

(1-844-762-8483)

A confidential, anonymous, and culturally appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT.

## **We R Native**

A comprehensive mental health resource for Native youth, including resources specifically for two-spirit youth.

<https://www.wernative.org/>

<https://www.wernative.org/my-relationships/sexual-health/lgbt-two-spirit>