The New Coronavirus (COVID-19) and its Potential Effects on the Body

**MOST PEOPLE WITH COVID-19 DISEASE WILL HAVE NO SYMPTOMS OR WILL HAVE MILD-TO-MODERATE SYMPTOMS. SEVERE DISEASE IS UNCOMMON. TALK WITH YOUR HEALTH PROVIDER IF YOU HAVE SYMPTOMS OR THINK YOU HAVE BEEN EXPOSED.**

**Older Age and Pre-Existing Conditions Increase Risk for Severe COVID-19 Disease**

Older adults are at a higher risk for serious complications or severe disease. Adults over the age of 60 years old account for the majority of deaths from COVID-19. In addition, patients with diabetes, obesity, or high blood pressure are more likely to develop serious disease.

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**LOCATION** | **SYMPTOM**
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**WHOLE BODY** | Common: Tiredness, muscle aches
**BRAIN** | Common: Headache
Uncommon: Some patients have strokes, seizures, and confusion.
**EYES** | Uncommon: Pink eye (conjunctivitis)
**NOSE AND TONGUE** | Common: Loss of the senses of smell and taste
**THROAT** | Common: Sore throat
**LUNGS** | Common: Cough, mild shortness of breath
Uncommon: Difficulty breathing. Some patients will have serious difficulty breathing and will need a ventilator.
**HEART** | Uncommon: Infection can lead to blood clots, heart attacks, and cardiac inflammation.
**LIVER** | Uncommon: Some hospitalized patients suffer liver damage.
**KIDNEY** | Uncommon: Kidney damage occurs in most severe cases. Patients may need dialysis.
**INTESTINES** | Common: Loss of appetite, diarrhea
**FINGERS AND TOES** | Uncommon: Decreased blood flow can lead to swollen, painful fingers and toes. This is more common in children and young adults.

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