The New Coronavirus (COVID-19) and its Potential Effects on the Body

Most people with COVID-19 disease will have no symptoms or will have mild-to-moderate symptoms. Severe disease is uncommon. Talk with your health provider if you have symptoms or think you have been exposed.

Older adults are at a higher risk for serious complications or severe disease. Adults over the age of 60 years old account for the majority of deaths from COVID-19. In addition, patients with diabetes, obesity, or high blood pressure are more likely to develop serious disease.

Location | Symptom
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Whole Body | Common: Tiredness, muscle aches
Brain | Common: Headache
Uncommon: Some patients have strokes, seizures, and confusion.
Eyes | Uncommon: Pink eye (conjunctivitis)
Nose and Tongue | Common: Loss of the senses of smell and taste
Throat | Common: Sore throat
Lungs | Common: Cough, mild shortness of breath
Uncommon: Difficulty breathing. Some patients will have serious difficulty breathing and will need a ventilator.
Heart | Uncommon: Infection can lead to blood clots, heart attacks, and cardiac inflammation.
Liver | Uncommon: Some hospitalized patients suffer liver damage.
Kidney | Uncommon: Kidney damage occurs in most severe cases. Patients may need dialysis.
Intestines | Common: Loss of appetite, diarrhea
Fingers and Toes | Uncommon: Decreased blood flow can lead to swollen, painful fingers and toes. This is more common in children and young adults.

Source: UpToDate: Coronavirus disease 2019 (COVID-19): Clinical features and diagnosis (Referenced June 2, 2020). UpToDate.com