

 <p>Apple</p>	<p>Asparagus</p> 	<p>Mutton Meat</p> 	 <p>Chile Peppers</p>
 <p>Almonds</p>	 <p>Celery</p>	 <p>Deer Jerky</p>	 <p>Blue corn mush</p>
 <p>Pumpkin</p>	 <p>Pinto beans</p>	 <p>Pinon nuts</p>	 <p>Oven bread</p>
 <p>Cheese</p>	 <p>Berries</p>	 <p>yogurt</p>	 <p>Dried apricots</p>
 <p>Acorn Soup</p>	 <p>Cooked squash</p>	 <p>Cactus leaves</p>	 <p>Brown rice</p>