60-Second Version
I am _________ from _________. Coronavirus is in our community. It is very contagious and can infect anyone.

Your home is the safest place to be. Stay home as much as possible. If you must go out, always keep six feet of distance. Assume everyone is sick, even if they do not have symptoms. Wash your hands often with soap and water, and do not touch your eyes, nose, and mouth. Cough and sneeze into a tissue or the inside of your elbow. If you must go out in public, wear a bandana or cloth over your mouth and nose. If you are feeling sick with fever, cough, breathing problems, headache, sore throat, muscle pain, or chills, stay home, do not come within six feet of anyone, and call your healthcare provider or IHS service unit.

Stopping the spread of Coronavirus is a big challenge for our community, but if we all do our part, we can all stay safe. Visit CDC-dot-gov-slash-Coronavirus for more information.

30-Second Version
I am _________ from _________. Coronavirus is in our community. It is very contagious and can infect anyone.

Your home is the safest place to be. Do not attend gatherings. If you go out in public, stay six feet away from others. Wash your hands often with soap and water, and do not touch your face. If you are sick with fever, cough, breathing problems, headache, sore throat, muscle pain, or chills, stay home, do not come within six feet of anyone, and call your healthcare provider or IHS service unit.

Visit CDC-dot-gov-slash-Coronavirus for more information.

For questions, comments, or inquiries, please contact Research Associate Justin Mayhew at jmayhew2@jhu.edu.